**THE IMPOSSIBLE DREAM**

Creative ideas for the classroom as well as kids’ yoga classes

**Yoga Fun**

1. Read the story
2. Ask a question as you follow the storyline before moving into a pose

Ex. Who is the main character of the story? The paddler; Warrior II pose

Who was his faithful companion? Max; Downward Dog pose

What was growing next to his cottage? Old oak tree; Tree pose

**Home and school classroom ideas**

Creative Curriculum suggestions;

Jobs and commerce

Travel and transportation

Rivers and bridges

Cities and towns

Swampland

Concepts to Consider; what, where, when, why and how

Dreams

Believing in yourself

New ideas

Exploring personal interests

Treasure

Conversation starter; What sort of treasure do you think the paddler might have found? What other things might one consider a treasure?